

DESCRIPTION

MACA EXTRACT-CONTAINING ALCOHOLIC BEVERAGE

TECHNICAL FIELD

5 The present invention relates to an alcoholic beverage containing an extract of maca that is a plant of the mustard family and a method for manufacturing such an alcoholic beverage.

BACKGROUND ART

10 In recent years, various functional drinks and supplements to promote and maintain good health are being proposed and developed. As raw materials of such functional drinks and supplements, various naturally-occurring raw materials can be mentioned in addition to amino acids and lactic acid bacteria conventionally used.

15 Specifically, various supplements containing maca, sesamin, yeast extract, turmeric, agaricus, cat's-claw, *Phellinus Linteus*, or propolis are commercially available.

However, it is hard to say that these raw materials are suitable for drinks or supplements for their distinctive odors or 20 flavors. Therefore, various measures are taken to make it easy to consume them.

Among these raw materials, maca (*Lepidium meyenii Walp*) is a plant of the mustard family native to the highlands of Andes in Peru, South America. Maca grows with its leaves spreading close to the 25 ground, and has a turnip-like root. Maca has been cultivated in the Andes region for over 2,000 years and used as a foodstuff for maintaining good health. Maca mainly contains polysaccharides and proteins. Further, maca contains high amounts of amino acids, especially essential amino acids that the body cannot make and must 30 be supplied by food. In addition to amino acids, maca also contains various vitamins (e.g., the vitamin B group, vitamin C, vitamin E) and minerals (e.g., calcium, iron, zinc) in abundance. In Peru, several tens of food products manufactured using maca (e.g., cookies, juice "CHICHA DE MACA", maca liquor) are available. Further, powder 35 of maca is also taken with, for example, yogurt. As described above,

maca is a popular foodstuff for maintaining good health.

Conventionally, it has been known that maca has a revitalizing or tonic effect. Further, US Patent No. 6267995 B1 has disclosed that a composition obtained from maca has antitumor activity and the 5 effect of improving sexual function. Furthermore, Translated National Publication of International Patent Application No. 2003-523945 has disclosed that a composition obtained by using maca and antler in combination has the effect of increasing the testosterone level of a human. Moreover, it has been reported that there is a 10 possibility that maca has an anti-inflammatory effect or maca can be used as an antiallergic agent ("Medicine and Biology," Vol. 145, No. 6, pp. 81-86, 2002. 12. 10).

Recently, various beauty and health-conscious products are coming along in the field of alcoholic beverages. Since maca is 15 receiving attention for the effects described above, it can be said that an alcoholic beverage containing maca is preferable from the viewpoint of beauty and health. In fact, maca liquor has been consumed for a long time in the Andes region to maintain good health. However, maca liquor consumed in the Andes region does not suit the 20 taste of modern people due to a distinctive odor of maca. For this reason, it cannot be said that maca liquor is a popular alcoholic beverage.

From the viewpoint of beauty and health, it is to be desired that a maca-containing alcoholic beverage which has no odor of maca 25 and is easy to drink be developed. However, up to now, such a maca-containing alcoholic beverage has been hardly investigated.

It is therefore an object of the present invention to provide an alcoholic beverage containing an extract of maca having various excellent properties, which has less odor of extract of maca, and is 30 easy to drink.

In order to achieve the above object, the present inventors have intensively investigated. As a result, they have found that by using a distilled liquor mainly made from fermented muscat grapes as a base alcohol to which an extract of maca is to be added and 35 allowing the distilled liquor to contain acetic acid in an amount

within a specific range, it is possible to mask the odor of extract of maca contained in the distilled liquor, thereby enabling a maca extract-containing alcoholic beverage with less odor of maca to be obtained. Such findings have led to the completion of the present
5 invention.

SUMMARY OF THE INVENTION

One aspect of the present invention is directed to:

- (1) a maca extract-containing alcoholic beverage comprising:
 - 10 an extract of maca; and
 - a distilled liquor mainly made from fermented muscat grapes, wherein the distilled liquor contains 1 to 400 ppm of acetic acid with respect to the amount of pure alcohol contained therein;
- 15 (2) the maca extract-containing alcoholic beverage according to (1) described above, wherein 1 part by weight (in terms of solid matter) of the extract of maca is contained in 0.5 to 1,000 parts by weight of the distilled liquor;
- (3) the maca extract-containing alcoholic beverage according to 20 (1) or (2) described above, further comprising fruit juice;
- (4) the maca extract-containing alcoholic beverage according to (3) described above, wherein the fruit juice is lemon juice, grapefruit juice and/or lime juice;
- (5) the maca extract-containing alcoholic beverage according to 25 any one of (1) to (4) described above, further comprising an extract of herb;
- (6) the maca extract-containing alcoholic beverage according to (5) described above, wherein the extract of herb is spirits containing an extract of rose hip;
- 30 (7) the maca extract-containing alcoholic beverage according to any one of (1) to (6) described above, wherein the extract of maca is obtained by adding an ethanol-containing aqueous solution to pulverized maca to carry out extraction at 20 to 75°C; and
- 35 (8) the maca extract-containing alcoholic beverage according to

any one of (1) to (7) described above, which is a carbonated beverage.

Another aspect of the present invention is directed to:

5 (9) a method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage, the method comprising using a distilled liquor mainly made from fermented muscat grapes as a base alcohol to which an extract of maca is to be added, wherein the distilled liquor contains 1 to 400
10 ppm of acetic acid with respect to the amount of pure alcohol contained therein;

15 (10) the method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage according to (9) described above, further comprising allowing the alcoholic beverage to contain fruit juice;

(11) the method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage according to (10) described above, wherein the fruit juice is lemon juice, grapefruit juice, and/or lime juice;

20 (12) the method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage according to (11) described above, further comprising allowing the alcoholic beverage to contain an extract of herb;

(13) the method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage according to (12) described above, wherein the extract of herb is spirits containing an extract of rose hip; and

25 (14) the method for decreasing an odor of extract of maca contained in a maca extract-containing alcoholic beverage according to any one of (9) to (13) described above, further comprising allowing the alcoholic beverage to contain a carbonic acid.

Still another aspect of the present invention is directed to:

30 (15) a method for manufacturing a maca extract-containing alcoholic beverage, the method comprising: preparing a distilled liquor
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mainly made from fermented muscat grapes and containing 1 to 400 ppm of acetic acid with respect to the amount of pure alcohol contained therein; and allowing the distilled liquor to contain an extract of maca.

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EFFECT OF THE INVENTION

According to the present invention, it is possible to provide an alcoholic beverage containing an extract of maca having various excellent properties. The maca extract-containing alcoholic beverage
10 according to the present invention is easy to drink because a distinctive odor of extract of maca is masked. Conventional maca liquor manufactured in the Andes region has a distinctive odor of maca and therefore it is difficult to drink it as is. On the other hand, the alcoholic beverage containing an extract of maca according
15 to the present invention does not have a distinctive odor of maca and is pleasant to the taste. The alcoholic beverage according to the present invention is epoch-making in that it is a beauty and health-conscious alcoholic beverage easy to drink for women.

20 BEST MODE FOR CARRYING OUT THE INVENTION

An alcoholic beverage containing an extract of maca according to the present invention (hereinafter, simply referred to as a "maca extract-containing alcoholic beverage") is basically obtained by adding an extract of maca to a distilled liquor which is mainly made
25 from fermented muscat grapes and contains 1 to 400 ppm of acetic acid with respect to the amount of pure alcohol contained therein.

The present inventors have intensively investigated to find an alcoholic beverage (a base alcohol) enabling the odor of extract of maca contains therein to be decreased. As a result, they have found
30 that the distilled liquor mainly made from fermented muscat grapes can decrease the odor of extract of maca contained therein. Specifically, flavor components derived from muscat grapes are condensed through fermentation and distillation, and the thus obtained aroma of the distilled liquor decreases the odor of extract
35 of maca by masking it. Such a masking effect is specific to a

distilled liquor mainly made from fermented muscat grapes, and cannot be achieved by other distilled liquors, brandy, or whiskey.

It is to be noted that there is no necessity to store the above-described distilled liquor mainly made from fermented muscat 5 grapes after distillation. An example of such the distilled liquor includes pisco that is a locally-brewed liquor of South America.

However, the present inventors have also found that even in the case where such a distilled liquor is used as a base alcohol to which an extract of maca is to be added, it is not possible to 10 perfectly mask the odor of extract of maca. Therefore, the present inventors have further intensively investigated, and as a result they have found that by allowing the distilled liquor to contain acetic acid in an amount within a specific range, it is possible to almost perfectly mask the odor of extract of maca contained in the 15 distilled liquor. In this case, the acetic acid content of the distilled liquor is preferably in the range of 1 to 400 ppm with respect to the amount of pure alcohol contained therein. If the acetic acid content is less than 1 ppm, it is not possible to mask the odor of extract of maca. On the other hand, if the acetic acid 20 content exceeds 400 ppm, it is possible to mask the odor of extract of maca but ease of drinking is impaired.

The maca extract-containing alcoholic beverage according to the present invention may further contain other raw materials such as fruit juice, spirits, saccharides, and herb extract. Examples of 25 fruit juice include strawberry juice, grapefruit juice, Japanese plum juice, Kyoho grape juice, apple juice, peach juice, pear juice, cranberry juice, melon juice, lemon juice, and lime juice. These fruit juices can be used singly or in combination of two or more of them. Among them, the use of lemon juice, grapefruit juice, and/or 30 lime juice makes it possible to provide a maca extract-containing alcoholic beverage pleasant to the taste.

As for herb extract, various herb extracts can be used. Among them, by adding rose hip extract to the maca extract-containing alcoholic beverage according to the present invention, it is 35 possible to further mask the odor of extract of maca. As such rose

hip extract, spirits containing rose hip extract is preferably added. Further, in the case where grape spirits and spirits containing rose hip extract are added together, they synergize to enhance the effect of masking the odor of extract of maca.

5 An extract of maca to be used in the present invention is obtained by adding an ethanol-containing aqueous solution to pulverized maca to carry out extraction. Particularly, extraction is preferably carried out at 20 to 75°C. Such a method in which extraction is carried out at 40 to 80°C is unique in that it is
10 possible to obtain an extract containing large amounts of medicinal components of maca. The present inventors have already applied for a patent on such an extraction method.

As for maca to be subjected to extraction in the present invention, all parts of the maca plant can be subjected to
15 extraction at the same time, but flower, fruit, seed, stem including underground stem, and bulb thereof may be singly subjected to extraction. Among them, a bulb part of the maca plant is particularly preferably used. These parts of the maca plant may be dried, pulverized, or cut when necessary before subjected to
20 extraction.

When extraction is carried out, the mixing ratio between maca and a solvent is not particularly limited, but the amount of a solvent to be used is preferably about 0.3 to 5,000 times by weight with respect to 1 part by weight of maca. Particularly preferably,
25 the amount of a solvent to be used is 5 to 100 times by weight with respect to 1 part by weight of maca from the viewpoint of ease of operation in extraction and extraction efficiency.

Extraction time is not particularly limited. According to a conventional method, there is a case where it takes several days to
30 several weeks or more to complete extraction. However, by carrying out extraction at a temperature within a specific range using a solvent with specific ethanol content according to the present invention, it is possible to complete extraction in 1 minute to 72 hours, especially 10 minutes to 5 hours.

35 In the present invention, the thus obtained extract of maca

may be used as it is, or may be concentrated by partially or entirely evaporating a solvent. Further, the thus obtained concentrate may be formed into powder by adding an excipient or the like thereto. Among them, a concentrate of maca extract is
5 preferably used because it is small in volume and is highly dissolved, and well dispersed, in the distilled liquor.

In the present invention, the amounts of these raw materials to be used for the maca extract-containing alcoholic beverage are not particularly limited. For example, 0.5 to 1,000 parts by weight
10 of a distilled liquor mainly made from fermented muscat grapes (containing 1 to 400 ppm of acetic acid with respect to the amount of pure alcohol contained therein), 0.3 to 100 parts by weight of fruit juice, and 0.3 to 100 parts by weight of an extract of herb are preferably used with respect to 1 part by weight (in terms of
15 solid matter) of maca extract. It is to be noted that the amount of maca extract in terms of solid matter is determined by measuring the amount of a concentrate obtained by entirely removing a solvent from the maca extract. Alternatively, the amount of maca extract in terms of solid matter may be calculated from a brix value of the extract
20 in the form of solution.

The maca extract-containing alcoholic beverage obtained in accordance with the above-mentioned composition may further contain other alcoholic beverages or various additives. Other alcoholic beverages to be added are not particularly limited as long as they
25 do not inhibit the effect of masking the odor of extract of maca and do not impair the flavor of the maca extract-containing alcoholic beverage. Examples of such alcoholic beverages include spirits, liqueurs, gin, vodka, tequila, brandy, whiskey, shochu (Japanese distilled spirits), and wine.

30 Further, the maca extract-containing alcoholic beverage obtained in accordance with the above-mentioned composition may contain carbonic acid. The pressure of carbonic acid gas is not particularly limited as long as it is appropriate as a gas pressure of carbonated beverages. For example, the pressure of carbonic acid
35 gas may be 0.1 to 3 kg/cm². By setting the pressure of carbonic acid

gas to a value within the above range, the effect of masking the odor of extract of maca is not inhibited, and the flavor of the alcoholic beverage is not impaired.

The main theme of the maca extract-containing alcoholic beverage according to the present invention is "beauty and health" based on properties specific to an extract of maca. Therefore, an alcoholic beverage to be added in addition to a base alcohol is preferably spirits, particularly preferably grape spirits. The alcohol content of the maca extract-containing alcoholic beverage according to the present invention should not be too high. Specifically, the alcohol content of the maca extract-containing alcoholic beverage is preferably equal to that of low-alcohol carbonated beverages, Japanese sake, or wine, that is, in the range of about 3 to 17 %.

As additives to be added to the maca extract-containing alcoholic beverage according to the present invention, antioxidants, stabilizers, glycosides, corrigents, coloring agents, flavoring ingredients, vitamins, and the like can be mentioned.

Examples of antioxidants include catechin, isoflavone, rutin, quercetin, chlorogenic acid, vitamin P, and an extract of bayberry.

Examples of stabilizers include xanthan gum, carrageenan, and proteins such as rennet casein.

Examples of glycosides include rutin glycoside, quercetin glycoside, and vitamin P glycoside.

Examples of corrigents include glycine, glycyrrhizic acid, salts thereof, and common salt.

A coloring agent to be added is not particularly limited as long as its safety as a food additive is assured. Examples of such a coloring agent include Food Red No. 2, Food Red No. 3, Food Red No. 40, Food Red No. 102, Food Red No. 104, Food Red No. 105, Food Red No. 106, Food Yellow No. 4, Food Yellow No. 5, Food Blue No. 1, Food Blue No. 2, Food Red No. 2 aluminum chelate, Food Yellow No. 4 aluminum chelate, Food Yellow No. 5 aluminum chelate, Food Blue No. 1 aluminum chelate, and Food Blue No. 2 aluminum chelate.

As flavoring ingredients to be added, for example, natural

flavoring ingredients and synthetic flavoring ingredients can be mentioned. Examples of natural flavoring ingredients include flavor-containing materials prepared using a root or grass, bark, flower, fruit, pericarp, or other plants as a raw material(s) in the usual manner. Also included in such natural flavoring ingredients are essential oil components separated from natural raw materials by steam distillation, pressing, or extraction.

In addition, coffee-derived flavoring ingredients, tea-derived flavoring ingredients, green tea-derived flavoring ingredients, 10 oolong tea-derived flavoring ingredients, cocoa-derived flavoring ingredients, herb-derived flavoring ingredients, spice-derived flavoring ingredients, fruit-derived flavoring ingredients, and the like can also be mentioned.

Examples of vitamins include vitamin A, vitamin B₁, vitamin B₂, 15 vitamin B₆, vitamin B₁₂, vitamin C (ascorbic acid), vitamin D, vitamin E, niacin, calcium pantothenate, and folic acid.

Examples

Hereinbelow, the present invention will be described in more detail with reference to Examples, but the present invention is not limited to these Examples.

Example 1: Manufacture of extract of maca

Maca was dried and pulverized, and 3 kg of the maca was placed 25 in a stainless container. 30 L of an aqueous solution containing 99 vol% of ethanol was added thereto, and then they were stirred for 3 hours at 60°C. The thus obtained solution was filtered to obtain filtrate, and then the solvent was removed from the filtrate to obtain 180 g of an extract of maca.

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Example 2: Evaluation of effect of decreasing odor of maca, obtained by using distilled liquor mainly made from fermented muscat grapes

Various alcoholic beverages with an alcohol content of 10 % and a maca extract content of 0.2 % were manufactured using base 35 alcoholic beverages listed in Table 1 and the extract of maca

obtained in Example 1. A sensory test was carried out by 20 adults to evaluate the masking effect on the odor of maca of each of the alcoholic beverages.

It is to be noted that the masking effect was evaluated
5 according to the following two criteria.

O: The masking effect was confirmed.

X: The masking effect was not confirmed.

Evaluation results are shown in Table 1.

10 Table 1

Base alcoholic beverages	Masking Effect
Distilled liquor mainly made from fermented muscat grapes	O
Shochu made from rice	X
Shochu made from barley	X
Japanese sake	X
Brandy	X
Whiskey	X
Red Wine	X
White Wine	X
Vodka	X
Gin	X

As shown in Table 1, only the distilled liquor according to the present invention mainly made from fermented muscat grapes had the effect of masking the odor of the extract of maca contained therein.

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Example 3 Evaluation of effect of decreasing odor of maca, obtained by adding acetic acid to alcoholic beverage

As described in Example 2, in the case where a distilled
20 liquor mainly made from fermented muscat grapes (that is, a distilled liquor according to the present invention) was used as a base alcoholic beverage, the effect of masking the odor of maca contained therein was confirmed. Therefore, alcoholic beverages with an alcohol content of 10 %, a maca extract content of 0.1 or 0.2 %
25 were manufactured using the distilled liquor (with various acetic acid contents) according to the present invention as a base alcohol

and the extract of maca obtained in Example 1. A sensory test was carried out by 20 adults to evaluate the masking effect of each of the alcoholic beverages with acetic acid on the odor of maca.

Evaluation criteria were the same as those of Example 2. In addition,

5 easy of drinking was also evaluated by carrying out a sensory test. Specifically, easy of drinking was evaluated on a scale from 1 point (very difficult to drink) to 5 points (very easy to drink) in 0.1 points intervals, wherein a standard score was set to 3 points. Irrespective of the maca extract content, easy of drinking was
10 determined based on the score. In the case where the score was 3.0 or more, easy of drinking was determined.

O: Favorably and Easy to drinking.

X: Not easy to drinking.

15 As comparative base alcoholic beverages, shochu made from rice, shochu made from barley, red wine, white wine, whiskey, and brandy were used. The amount of acetic acid contained in each of the base alcoholic beverages was measured. Alcoholic beverages were manufactured in the same manner as in this Example 3 except for the
20 used base alcoholic beverages.

Further, as a control base alcoholic beverage, alcohol for brewing was used. An alcoholic beverage was manufactured using the control base alcoholic beverage and the extract of maca in such a manner that the alcohol content became 10 % and a maca extract
25 content became 0.1 or 0.2 %.

Evaluation results of these comparative and control alcoholic beverages are shown in Table 2.

Table 2

Base alcoholic beverages	Acetic acid content (ppm / to the amount of pure alcohol)	Ease of drinking			Determined ease of drinking	Masking effect of odor of maca		
		Maca extract content						
		0.0%	0.1%	0.2%				
Alcohol for brewing	0.0	5.0	4.2	3.2	O	X		
Distilled liquor of the invention	0.5	5.0	4.2	3.2	O	X		
Ditto	1.0	5.0	4.2	3.2	O	O		
Ditto	68.2	5.0	4.2	3.2	O	O		
Ditto	99.0	5.0	4.2	3.2	O	O		
Ditto	148.0	5.0	4.1	3.1	O	O		
Ditto	202.6	5.0	4.0	3.0	O	O		
Ditto	313.0	5.0	4.0	3.0	O	O		
Ditto	400.0	5.0	4.0	3.0	O	O		
Ditto	414.2	4.0	3.0	2.0	X	O		
Ditto	610.0	3.5	2.5	1.5	X	O		
Ditto	1481.3	1.5	1.3	1.0	X	O		
Shochu made from barley	71.9	5.0	3.5	2.5	X	X		
Shochu made from rice	32.5	5.0	3.5	2.5	X	X		
Brandy	738.9	5.0	3.5	2.5	X	X		
Whiskey	620.0	5.0	3.5	2.5	X	X		
Red Wine	516.7	5.0	3.5	2.5	X	X		
White Wine	433.3	5.0	3.0	2.5	X	X		

As shown in Table 2, as the maca extract content was increased, the odor of maca became stronger. Further, by adding acetic acid in such a manner that an acetic acid content became 1 ppm or more, the odor of maca was significantly masked. However, in the case where the acetic acid content was more than 400 ppm, ease of drinking was impaired. On the other hand, in the case where the acetic acid content was less than 1 ppm (that is, in the case of the distilled liquor containing 0.5 ppm of acetic acid or in the case of alcohol for brewing as a control), the effect of masking the odor of maca was not confirmed.

Although shochu made from rice, shochu made from barley, brandy, whiskey, red wine, and white wine per se contained acetic acid, alcoholic beverages manufactured using these base alcohols did not have the effect of decreasing the odor of maca extract contained

therein.

As is clear from these results, even in the case where a maca extract content is 0.2 %, by using a distilled liquor mainly made from fermented muscat grapes as a base alcohol and allowing the 5 distilled liquor to contain 1 to 400 ppm of acetic acid, it is possible to mask the odor of maca extract. Further, in the sensory test of ease of drinking, all the alcoholic beverages manufactured in such a manner were given a score equal to a standard score (3 points) or higher. These good results show the specificity of the 10 present invention.

Example 4: Evaluation of effect of decreasing odor of maca, obtained by adding herb extract to alcoholic beverage

A distilled liquor mainly made from fermented muscat grapes 15 and containing 5.0 ppm or less of acetic acid with respect to the amount of pure alcohol contained therein was prepared. Then, alcoholic beverages were manufactured using the distilled liquor as a base alcohol and the extract of maca in such a manner that an alcohol content became 10 % and a maca extract content became 0.2 %. 20 To the alcoholic beverages, herb extract such as rose hip extract, camu-camu extract, cat's-claw extract, hercampure extract, or quinoa extract was added in an amount shown in Table 3. A sensory test was carried out on these alcoholic beverages to evaluate the effect of masking the odor of maca and ease of drinking in the same manner as 25 in Examples 2 and 3. The evaluation criteria of the sensory test were the same as those of Examples 2 and 3. Evaluation results are shown in Table 3.

Table 3

Herb extract added to alcoholic beverage	Ease of drinking				Masking effect of odor of maca	
	Herb extract content (%)					
	0.1	0.5	1.5	5.0		
Rose hip extract	3.4	3.8	4.2	3.4	O	
Camu-camu extract	3.2	2.5	2.0	1.0	O	
Cat's-claw extract	1.3	1.2	1.1	1.0	O	
Hercampure extract	1.3	1.2	1.1	1.0	O	
Quinoa extract	3.2	3.4	3.4	3.0	O	

As is clear from Table 3, by adding rose hip extract, it is possible to enhance the effect of masking the odor of maca and ease of drinking of the alcoholic beverage.

5 Example 5: Manufacture of maca extract-containing alcoholic beverages 1 (Study of amount of distilled liquor to be added)

1 part by weight (in terms of solid matter) of the extract of maca, 0.5, 50, or 1,000 parts by weight of a distilled liquor mainly made from fermented muscat grapes (containing 10.0 ppm of acetic acid with respect to the amount of pure alcohol contained therein), 200 parts by weight of lemon juice, and 10 parts by weight of rose hip extract were mixed to prepare alcoholic beverages with an alcohol content of 10 %.

10 In all the thus obtained alcoholic beverages, a distinctive odor of the extract of maca was decreased.

15 Example 6: Manufacture of maca extract-containing alcoholic beverages 2 (Study of alcohol content)

20 1 part by weight (in terms of solid matter) of the extract of maca, 50 parts by weight of a distilled liquor mainly made from fermented muscat grapes (containing 5.0 ppm of acetic acid with respect to the amount of pure alcohol contained therein), 100 parts by weight of lime juice, and 10 parts by weight of rose hip extract were mixed to prepare alcoholic beverages with an alcohol content of 4, 10, or 20 %. Then, carbonic acid was added to the alcoholic beverages at a gas pressure of 0.5 kg/cm² to obtain alcohol-containing carbonated beverages.

25 In all the thus obtained alcohol-containing carbonated beverages, a distinctive odor of the extract of maca was decreased.

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Example 7: Manufacture of maca extract-containing alcoholic beverages 3 (Study of amount of fruit juice to be added)

35 1 part by weight (in terms of solid matter) of the extract of maca, 50 parts by weight of a distilled liquor mainly made from fermented muscat grapes (containing 3.0 ppm of acetic acid with

respect to the amount of pure alcohol contained therein), 100, 500, or 1,000 parts by weight of grapefruit juice, and 10 parts by weight of rose hip extract were mixed to prepare alcoholic beverages with an alcohol content of 4 %. Then, carbonic acid was added to the 5 alcoholic beverages at a gas pressure of 2.5 kg/cm² to obtain alcohol-containing carbonated beverages.

In all the thus obtained alcohol-containing carbonated beverages, a distinctive odor of the extract of maca was decreased.

10 INDUSTRIAL APPLICABILITY

As described above, a maca extract-containing alcoholic beverage according to the present invention contains an extract of maca having various excellent properties, and is easy to drink because a distinctive odor of the extract of maca is masked.

15 Therefore, the maca extract-containing alcoholic beverage according to the present invention is epoch-making in that it is a beauty and health-conscious alcoholic beverage pleasant to the taste and easy to drink for women.